

SOUTH COTTAGE PROGRAMS

For more details, contact the Department of Therapeutic Services at 604-468-5047

Therapeutic Programs and 1:1 Connections include but are not limited to:

- Active Games**
- Musical Improvisation**
- Outdoor Walks**
- Arts and Crafts**
- Courtyard Connections**
- Instrument Discovery**

- Beauty Club**
- Reminiscence Groups**
- Flower Arranging**
- Gardening**
- Educational Programs**
- Emotional Support**

- Sensory Engagement**
- Sing a long**
- Gentle Music**
- Music Appreciation**
- Music Listening**
- Name That Tune**

- Group Connections**
- Snoezelen Therapy**
- Helping Hands**
- Sorting Activities**
- Holiday Celebrations**
- Special Events**

- Hymn Sing**
- Spiritual Connections**
- Table Games and Puzzles**
- Literary Listeners**
- Tovertafel**
- Mental Aerobics**

Individual and small group programs are facilitated accordingly throughout the day based on residents needs