



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:30 Adult Colouring & Word Search (DR) 11:00 Word Games (B) 3:00 Bingo (DR) 4:00 One to Ones & Walks	<b>2</b> 10:30 Cards & Board Games (MR) 2:15 Picture This (B) 3:15 Chair Fit Express (AC) 3:45 Active Games (AC) <small>Rosh Hashanah Begins</small>	<b>3</b> 10:30 Java Music (MR) <i>Limit 8 spaces</i> <i>General Store 11:00-2:00</i> 2:00 Chess & Cribbage (MR) 3:00 Bingo (DR) 4:00 1-1's & Walks	<b>4</b> 10:15 RC Church (Lodge) 10:30 Chair Fit (MR) 2:00 Movie Matinee (TR) 3:45 Sequence & Sentimental Journey (MR)	<b>5</b> 10:30 Care Fit (AC) 1:30 TV Classics Matinee (TR) 2:00 Billiards Corner 3:30 Music w/ John (AC)
<b>6</b> 2:30 Bingo (DR) <i>Volunteer Led</i> 4:00 Piano w/ Ryden (B)	<b>7</b> 10:30 Adult Colouring & Word Search (DR) 11:00 Word Games (B) 10:30-2:00 General Store 2:15 Indoor/Outdoor Walks (B) 3:00 Chair Fit (AC) 3:45 Trivia (AC)	<b>8</b> 10:30 Hymn Sing (TR) 2:15 Rendever VR (TR) 2:15 John's Java (By Invite) 3:00 Bingo (DR) 4:00 One to Ones & Walks	<b>9</b> 10:30 Cards & Board Games (MR) 2:15 Word Mining (B) 3:15 10 Pin Bowling (AC) 4:00 Bistro Chat	<b>10</b> 9:30-12:00 BC Provincial Election Polling Station (MR) 2:00 Chess & Cribbage (MR) 3:00 Bingo (DR) 4:00 1-1's & Walks	<b>11</b> 10:15 RC Church (Lodge) 10:30 Chair Fit (MR) 2:00 Movie Matinee (TR) 3:45 Name that Tune, Sound Or Object (MR) <small>Yom Kippur Begins</small>	<b>12</b> 10:30 Care Fit (AC) 1:30 TV Classics Matinee (TR) 2:00 Billiards Corner 3:30 Group Scattergories (AC)
<b>13</b> 2:30 Bingo (DR) <i>Volunteer Led</i>	<b>14</b> Thanksgiving Day Stat Holiday <i>Adult Day Program Closed</i>  <small>Thanksgiving Day (Canada)            Indigenous Peoples' Day            Columbus Day (US)</small>	<b>15</b> 10:30 Adult Colouring & Word Search (DR) 11:00 Word Games (B) 3:00 Bingo (DR) 4:00 One to Ones & Walks	<b>16</b> 10:30 Cards & Board Games (MR)  *Flu & Covid Vaccines this afternoon Programs TBA <small>Sukkot Begins</small>	<b>17</b> 10:30 Java Music (MR) <i>Limit 8 spaces</i> <i>General Store 11:00-2:00</i> 2:00 Chess & Cribbage (MR) 3:00 Bingo (DR) 4:00 1-1's & Walks	<b>18</b> 10:15 RC Church (Lodge) 10:30 Chair Fit (MR) 2:00 Movie Matinee (TR) 3:45 Music Bingo (MR)	<b>19</b> 10:30 Care Fit (AC) 1:30 TV Classics Matinee (TR) 2:00 Billiards Corner 3:30 Music w/ John (AC)
<b>20</b> 2:30 Bingo (DR) <i>Volunteer Led</i> 4:00 Piano w/ Ryden (B)	<b>21</b> 10:30 Adult Colouring & Word Search (DR) 11:00 Word Games (B) 10:30-2:00 General Store 2:15 Indoor/Outdoor Walks (B) 3:00 Chair Fit (AC) 3:45 Trivia (AC)	<b>22</b> 10:30 Crosswords (TR) 2:15 Wii Games (TR) 2:15 John's Java (By Invite) 3:00 Bingo (DR) 4:00 One to Ones & Walks	<b>23</b> 10:30 Tenant Advisory Meeting (MR) 11:00 Hang Man (MR) 2:15 You Be the Judge (B) 3:15 Chair Fit Express (AC) 3:45 Active Games (AC)	<b>24</b> 10:30 Java Music (MR) <i>Limit 8 spaces</i> 10:30 Casino Outing <i>General Store 11:00-2:00</i> 2:00 Chess & Cribbage (MR) 3:00 Bingo (DR) 4:00 1-1's & Walks <small>Simchat Torah Begins</small>	<b>25</b> 10:15 RC Church (Lodge) 10:30 Chair Fit (MR) 2:00 Movie Matinee (TR) 3:45 Halloween Trivia (MR)	<b>26</b> 11:45 Toonie Bacon & Egg Brunch (AC) Sign-Up 1:30 TV Classics Matinee (TR) 3:00 Care Fit (AC)
<b>27</b> 2:30 Bingo (DR) <i>Volunteer Led</i>	<b>28</b> 10:30 Adult Colouring & Word Search (DR) 11:00 Word Games (B) 10:30-2:00 General Store 2:15 Indoor/Outdoor Walks (B) 3:00 Chair Fit (AC) 3:45 Trivia (AC)	<b>29</b> 10:30 Hymn Sing (TR) 2:15 John's Java (By Invite) 3:00 Bingo (DR) 3:00 Autumn Crafts (AC)	<b>30</b> 10:30 Cards & Board Games (MR) 2:15 Chicken Soup for The Soul (B) 3:15 Chair Fit Express (AC) 3:30 Men's Club (5L) 3:45 Active Games (AC)	<b>31</b> 10:30 Java Music (MR) <i>Limit 8 spaces</i> <i>General Store 11:00-2:00</i> 2:00 Chess & Cribbage (MR) 3:15 Halloween Howl Birthday Party (AC) <small>Halloween</small>	<b>Programs subject to change, please see the daily Rec Ad.</b> <b>Sign up for special meals and outings by the patio doors.</b> 	

AC=Activity Centre, MR=Meeting Room, B=Bistro, TR=Theatre Room, DR=Dining Room

Recreation Staff Office: 604-468-5017